

HOW TO MEASURE

Our garments are cut to accommodate active working conditions. Here's how to get the correct size and ensure a comfortable fit.



LADIES

Be sure to measure your body. Do not measure over shirts or slacks. Hold tape measure close but not tight against the body.

BUST

Measure across fullest part of bust/ chest keeping arms relaxed at sides. Keep tape measure straight and parallel to the floor.

WAIST

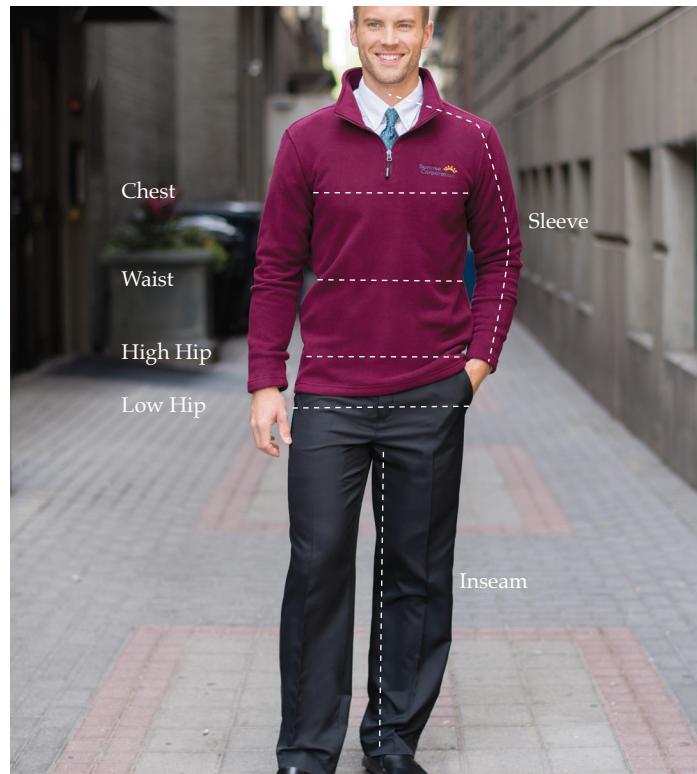
Measure at your natural waistline at its smallest part.

LOW HIP

Measure the widest point of your hip, approximately 8" below your natural waist.

HIGH HIP

Measure the protruding points of your hip bones, approximately 3" below your natural waist.



MEN

For men, as a general rule, the number of inches measured will equal your size, when measured correctly. Be sure to measure your body. Do not measure over shirts or slacks.

NECK

Measure around base of neck (lowest part). Number of inches equals neck size.

SLEEVE LENGTH

Start from the center of the back of neck and measure across the shoulder to the elbow and down the wrist.

CHEST

With arms at sides, measure across fullest part of the chest, under arms and across shoulder blades. Keep tape measure straight across back.

WAIST

Measure your natural waist at the height you normally wear your pants. Keep the tape measure firm but not tight.

INSEAM

Measure the inside of your leg from crotch down to the top of the shoe. Or, measure a similar style of pants that fit well. Measure from the crotch seam to the hem.

LOW HIP

Measure the widest point of your hip, approximately 8" below your natural waist.